

## **Health and Safety Policies**

*Please adhere to the following guidelines from the Nurse's Office:*

### **1- Sickness**

You should **keep** your child home or expect your child to **be sent home** for the following:

- Fever of more than 37.8°C, 100.4 °F (student should be fever free at least for 24 hours without the use of fever reducing medicine before returning to school)
- Cold with fever
- Flu (Fever, chills, sore throat, cough, headache, muscle ache)
- Abdominal pain (persistent or severe)
- Throat infection with fever
- Cough (productive and persistent)
- Diarrhea (4-5 watery stools within 24 hrs.)
- Vomiting (2-3 times within 24hrs.)
- Pain (Ear infection with fever and earache, toothache, headache)
- Infectious diseases (chickenpox, flu, measles, eye infection, head lice, undiagnosed rash, COVID 19)

### **2- Absence Because of Illness**

Please call / e-mail the school (01-423444; [Info@wellspring.edu.lb](mailto:Info@wellspring.edu.lb)) by 8:00 am if your child will be absent. Report the child's name, homeroom teacher, and illness

***A doctor's permission to return to school may be required dependent upon the length and type of illness the child is experiencing.***

### **3- Medications**

If your child is taking any medications that need to be administered during school hours:

- The initial dose of the medication should be administered at home to watch for any side effects.
- The medication should be in its original container.
- You need to complete the "**Medication Authorization Form**"\* before any medications will be given at school, or send a doctor's note with name of the drug, dose and approximate time to be given.
- After submitting the form to the Nurse, you will work with the Nurse to keep the medication at school and inform her of any changes to the dosage.

**Medication SHOULD be delivered To/from School ONLY by a parent or legal guardian. PLEASE DO NOT SEND ANY MEDICATION WITH YOUR CHILD ON THE BUS.** This is a major safety issue and we thank you for your cooperation.

### **Self-Medication**

Students are not allowed to carry any medications with them during school hours.

Only students with a diagnosis of asthma, chronic conditions such as epilepsy, diabetes, migraine or

life-threatening allergic reactions will be allowed to carry and self-administer emergency medication. Approval of the School Nurse as well as Principal is required before allowing students to carry and administer their own medication.

Please refer to the “**Self Medication Agreement**”\* form.

#### **4- Injury**

Please have your child report to the School Nurse before the start of the school day if they have been injured, are on crutches, or have otherwise sustained sprains or fractures or any illness/ injury that will limit the student’s activity. **It is required that a physician’s note with diagnosis, treatment and activity level be submitted before the student’s return to school.** Doctors ‘orders are required for crutches and any activity limitations, with information on the length of time these limitations will be in effect and the specifics of the limitations (no PE, no drama, must use elevator, for what number of days).

#### **5- Emergency Pick-up**

A student may require transfer to an emergency facility. Please be sure that contact numbers (work, home, cell phone) are up to date, and that a reliable backup person is included on the emergency contact list. Please inform school Front Office personnel, if you will be away and give them directions regarding backup plans.

Parents, guardian or backup person should be able to be reached within 30 minutes.

**Students developing fever or any other sickness while in school are NOT ALLOWED to ride the bus home** and this is in the best interest of your child and other student bus riders. Thank you for your cooperation and understanding on this point.

#### **6- Head Lice**

Students found with head lice must be picked up immediately and treated. ***Students are to report to the School Nurse the next day before returning to class to be reevaluated.***

*If you have any questions please do not hesitate to contact the nurse at 01-423444 ext. 121 / 215 or [mathafnurse@wellspring.edu.lb](mailto:mathafnurse@wellspring.edu.lb) Mathaf  
[cccnurse@wellspring.edu.lb](mailto:cccnurse@wellspring.edu.lb) CCC*

\* The above mentioned forms are found on school website under services -> School Nurse services.

Thank you for your cooperation  
Health Office